



JACKIE BURKE

psychology & consulting

TRAINING PROGRAM

Understanding Trauma

Overview

This program offers a robust understanding of what trauma is, what sorts of events produce traumatisation and how the impacts of traumatic events effect people. Essential training for people who work in a helping or analysis role with people who report experiencing traumatic events.

What This Course Will Teach You

This program will understand how traumatisation takes place and examines the psychological, physiological, and social impacts of trauma and how to work effectively with traumatised individuals.

Who Should Attend

Anyone who works with or supports a person who has experienced traumatic events (including police officers, ambulance personnel, counsellors, social workers, psychologists, case workers, crisis intervention staff, support workers, legal and judiciary personnel, and investigators).

Duration

Full Day

Max Participants

25

Learning Outcomes

- Understand the physiological, psychological, and social impacts of trauma.
- Comprehend how traumatisation takes place.
- Differentiate malingering from the effects of trauma.
- Understand how to work with a person who has experienced trauma more effectively.

