

### TRAINING PROGRAM

## Trauma Informed Investigations

#### **Overview**

Applying a trauma-informed lens to investigations about workplace related bullying, harassment and/or violence is critical to the health and wellbeing of persons impacted. From gathering appropriate data to inform a robust investigation, creating an environment of psychological safety in the workplace, this course will equip investigations personnel with the theoretical knowledge and practical skills to implement a truly trauma-informed approach to investigations.

#### Who Should Attend

Leaders, managers and supervisors, HR personnel, legal personnel, individuals who receive, investigate, support, and manage disclosures of harassment, abuse and/or violence.

# Duration Half Day

#### **Learning Outcomes**

- The process of traumatization.
- What causes trauma?
- Trauma and complex trauma impacts and their effect on the investigation process.
- Trauma informed principles.
- Applying trauma informed principles to the four stages of investigation.

