



JACKIE BURKE
psychology & consulting

TRAINING PROGRAM

Receiving Disclosures and Initial Trauma Informed Responses

Overview

Being a tellable person and ensuring persons impacted by highly stressful events such as bullying, sexual harassment, assault, environmental disaster, and workplace injury are key to a resilient and engaged workforce ensuring compliance and strong business bottom lines.

What This Course Will Teach You

This course equips personnel responsible for supporting those impacted by highly stressful events at work to respond in an evidence-based, effective, and trauma-informed manner. Participants will comprehend how to deliver best quality of care for persons impacted, ensuring an appropriate and effective workplace health and safety approach that is truly trauma-informed and optimizing a culture of psychological safety in the workplace.

Evidence-based strategies along with underpinning theoretical conceptualization allows participants to implement their learnings immediately in their roles.

Who Should Attend

Leaders, managers and supervisors, HR personnel, legal personnel, individuals who receive, investigate, support, and manage disclosures of harassment, abuse and/or violence.

Duration

Half Day

Max Participants

16

Learning Outcomes

- The process of traumatization.
- Common trauma impacts.
- Responding to disclosures of bullying, harassment, & assault.
- Applying a deep listening approach.
- Maintaining effective boundaries.
- Early supportive interventions.