



**JACKIE BURKE**  
psychology & consulting

## TRAINING PROGRAM

# Managing Trauma-Exposed Workplaces

### Overview

Workforces who respond when traumatic events take place or support traumatised people face unusual and complex challenges in their work. When these challenges are not managed effectively, they can interrupt productivity, collegial relationships, personal wellbeing, and overall team capability.

### What This Course Will Teach You

This workshop orients managers and supervisors to the particular challenges faced by trauma-exposed workforces and develops the skills necessary to lead staff members effectively in this challenging work. Models and approaches that are effective in preventing detrimental impacts, intervening early when challenges arise, and responding effectively to workforce problems are provided, enabling managers and supervisors to optimise trauma-exposed workforce teams' capabilities.

### Who Should Attend

Management and supervisory staff leading trauma-exposed staff members.

#### Prerequisite:

**Introduction to  
Vicarious Trauma**

#### Duration

**Full Day**

#### Learning Outcomes

- Understand the complex and unusual dynamics specific to trauma-exposed workforces.
- Differentiate and understand WHS risks associated with burnout, vicarious trauma, and workplace wellness.
- Develop the skills to implement effective models for managing challenging workforce dynamics.
- Implement proven strategies for managing the challenges of trauma exposure at work.