



JACKIE BURKE
psychology & consulting

TRAINING PROGRAM

Clinical Supervision and Reflective Practice

Overview

Quality clinical supervision assists therapeutic or helping work to be effective, uphold relevant legal, ethical, and policy guidelines, grow the capacity and skills of the helping professional, and foster sustainable practice that enables longevity as a helping professional.

What This Program Will Teach You

This workshop ensures that both supervisees and supervisors have the knowledge, and skills to make clinical supervision both effective and palatable.

Understand:

- How to prepare for effective clinical supervision.
- Comprehend the functions of clinical supervision.
- Models for reflective practice in supervision.
- Managing the supervisee-supervisor relationship.

Who Should Attend

Staff who provide clinical supervision to helping professionals and staff who receive clinical supervision for their work.

Duration

Two Full Days

Max Participants

25

Learning Outcomes

Day One (designed for both supervisees and Supervisors):

- Understand Clinical Supervision Models.
- Comprehend and apply reflective practice frameworks.
- Enhance reflective practice skills.
- Get the most out of supervision.

Day Two (designed for supervisors or emerging leaders)

- Explore models of supervision through supervisors' eyes.
- Create a toolkit of resources and tools for effective reflective practice.