



JACKIE BURKE
psychology & consulting

TRAINING PROGRAM

Applying a Trauma Informed Lens in Support of Person(s) Impacted

Overview

Ensuring quality responses to persons impacted by highly stressful and sensitive events such as bullying, sexual harassment, assault, environmental disaster, and workplace injury is key to a resilient and engaged workforce, appropriate Work Health and Safety Compliance and strong business bottom lines.

This course equips personnel responsible for supporting those impacted by highly stressful events at work to respond in an evidence-based, safe, and effective manner, delivering best quality of care for person/s impacted, ensuring an appropriate and effective workplace health and safety approach that is truly trauma informed and optimizing a culture of psychological safety in the workplace.

Evidence-based strategies along with underpinning theoretical conceptualization allow participants to implement their learnings immediately in their roles.

Who Should Attend

Leaders, managers and supervisors, HR personnel, legal personnel, individuals who receive, investigate, support, and manage disclosures of harassment, abuse and/or violence.

Duration

Half Day

Max Participants

25

Learning Outcomes

- Understand the physiological, psychological, and social impacts of trauma.
- Comprehend trauma and complex trauma and their impacts.
- Understand how to work with a person who has experienced trauma more effectively.
- Safe and appropriate early interventions.
- Holding effective boundaries throughout long term support.
- Work effectively with challenging presentations.

